

# News, Views, & To-dos @ Missoula Public Library

Volume 1, Issue 5

November 2003

Missoula Public Library  
301 E Main  
Missoula, MT 59802

(406)721-2665  
Fax (406)728-5900

[www.missoula.lib.mt.us](http://www.missoula.lib.mt.us)

#### Library Hours:

Monday 10am-9pm  
Tuesday 10am-9pm  
Wednesday 10am-9pm  
Thursday 10am-9pm  
Friday 10am-6pm  
Saturday 10am-6pm  
Sunday 1pm-5pm  
Closed Legal Holidays

#### Library Board:

Jennifer Copley, Chair  
Becky Mosbacher  
William Towle  
Tom Javins  
Christine Prescott

#### Library Director:

Bette Ammon

#### Missoula Public Library

Foundation:  
Steve White, Chair

#### Friends of Missoula Public Library:

Barbara Theroux,  
President

#### Newsletter editor:

Vaun Stevens

## Health & Fitness Magazines @ Your Library

This month the spotlight falls on health and nutrition magazines available at the Missoula Public Library.

**Current Health** is a guide to health education, aimed at grades 7-12. This resource covers health issues in a contemporary, student-friendly manner, with recent articles on topics such as West Nile virus, fad diets, and body odors.

**Eating Well** is a quarterly magazine with articles about food, health, and nutrition--as well as recipes. The Summer 2003 issue contains articles on the soy bean (and tofu), Mediterranean grilling, and the old-fashioned peach, among others.

**Health** provides reader-friendly articles that have been translated from professional

health literature. A wide variety of topics are covered such as fitness, mind/body, beauty, relationships, and food. Also included are regular monthly columns such as "Ask Us Anything" and "Great Escapes".

**Mayo Clinic Women's Healthsource** strives to provide reliable, timely and easy-to-understand medical information for women. Colon cancer screening, the effect of alcohol on women, fish oil and fish oil supplements, and exercises for stiffness in your hips are topics of recent articles.

**Men's Health**, targeting the men's market, has entertaining and well-written articles on such topics as aging, sports, stress, and sexuality, interspersed with regular columns on travel, nutrition, work, and news. Many of the articles are based on

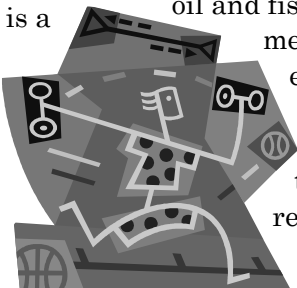
research and written for the casual reader.

**Natural Health** contains information on healthy living and natural cooking, with articles

ranging from how to make your home healthy to how to love your job to the top anti-aging nutrients.

**Tufts University Health & Nutrition Letter** is a monthly newsletter offering the latest, scientific-based information on how to live healthier longer. Easy-to-read articles cover topics such as choosing food wisely, controlling weight, and staying fit.

Current magazines (in the red or blue folders) can be used in the library and up to 15 back issues of magazines can be checked out on your library card.



## Young Adult Happenings @ Missoula Public Library

You've probably noticed that Missoula Public Library has seen a lot of changes over the last year and a bit: a major remodeling project complete with new carpet; a new computer system; a new entryway; a new, expanded and improved children's department; new bike racks; a new wheelchair lift.

One area you might not have noticed is the new and expanded Young Adult area, reflecting the commitment Missoula Public Library has to our teen patrons.

During last year's big remodel, teens went from having two bookcases of materials and one table, to having over 900 square feet of floor space devoted to their library needs.

Travel to the southwest corner of the library, using the neon "YA" sign as your guide. There you will find a bright and cozy seating area, just for teens. A generous grant from the Lions Club allowed us to furnish the area in style—a comfy loveseat, tables shaped like giant books, a stylish oak magazine rack.

Beneath the neon glow of the "YA" sign, you might notice a hub of activity—our teen computer room. Teens, ages 13 to 18, flock to this area to use the two computers reserved just for them. Due to the great demand, we plan to add two more computers later this year.

This room, a work in progress, boasts four cool butterfly chairs, and two of the snazziest lamps in town. A gift from the Friends of the Missoula Public Library

allowed us to install an entire wall of corkboard tiles, perhaps the largest bulletin board in town.

The teen materials collection has



grown by leaps and bounds as well. In addition to new, current and popular fiction and nonfiction, and paperback titles, you will find one of the largest circulating comic and graphic novel collections in the entire Northwest.

We are also proud of our YA audiobook collection, which has more than doubled in the last few years. In the very near future, we will be purchasing many books on CD in addition to the traditional cassette tape format. Looking for a quick read? Choose from over thirty teen magazines and 9 monthly comics.

In addition to our brand-new and wonderful teen space, we have stepped up our efforts to provide activities for teens. Last spring, the library hosted a punk rock concert by Bloodhag. This fall, we held a teen mystery dinner and a teen poetry workshop and reading.

In the future, we plan to hold such events as battle of the bands, open mike poetry readings, and another

mystery dinner. We are always looking for good ideas; if you have one, let us know.

Also in the works is the formation of a teen library advisory board. Teens on this board would help plan programs for teens, help choose books and other materials for the library, and advise the library about teen library needs, to name a few activities.

High on that list of activities, of course, is having fun! Any and all teens are encouraged to join.

If you have questions, comments, or suggestions about our teen area, or want to book a tour, feel free to contact our Young Adult librarian, Linette Ivanovitch. Stop by the Young Adult desk under the neon YA, call 721-BOOK (2665), or email her at [linette@missoula.lib.mt.us](mailto:linette@missoula.lib.mt.us). We look forward to seeing you soon!

### *Family Games Day*

Looking for FREE, FAMILY-FRIENDLY entertainment after Thanksgiving? Then you need to come to Missoula Public Library. On Saturday, November 29<sup>th</sup>, from 2:00 to 4:00, the Library will host Family Games Day. We will have several different board games set up in the large meeting room for you and your family to enjoy. So come and join us, bring the kids, bring the grandkids, bring the neighbor's kids, bring the cousins, the nieces, the nephews, or just bring yourself (but please, don't bring the dog or cat). Refreshments will be available.

# November 2003

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Storytime 7 p.m.	4	5 Basic Internet Class—9:00 a.m.	6 Tiny Tales 10:30 a.m.	7 Storytime 10:30 a.m.	8
9	10 Storytime 7 p.m.	11 Library Closed Veteran's Day	12 Basic Email Class—9:00 a.m.	13 Friends of MPL Bd Mtg 9:30 a.m.	14 Storytime 10:30 a.m.	15
16	17 Storytime 7 p.m.	18	19 Library Board of Trustees Mtg - 6:30 p.m.	20 Tiny Tales 10:30 a.m.	21 Storytime 10:30 a.m.	22
23	24 Storytime 7 p.m.	25	26 Library Closes at 6:00 p.m.	27 Library Closed Thanksgiving Day	28 Storytime 10:30 a.m.	29 Family Games Day 2 - 4 p.m.
						30

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## Internet & Email Classes, September Winners & Sharing Advantage

Missoula Public Library will be offering two classes on how to use the Internet and how to set up an email account on the first and second Wednesdays of the month for the next three months.

On first Wednesday of the month, the class will be **Basic Internet**. On the second Wednesday of the month, the class will be **Basic Email**.

Classes will be for one hour, beginning at 9:00 a.m. and are limited to 8 people per class. You may sign up for the classes you wish to take at the Information Desk.

Because the Library opens at 10, participants are asked to meet at 9:00 a.m. at the south (Front St) entrance to be admitted for the classes.

Here's a handy schedule for the classes:

November 5—Basic Internet

November 12—Basic Email

December 3—Basic Internet

December 10—Basic Email

January 7—Basic Internet

January 14—Basic Email

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In September we held several contests to celebrate National Library Card Sign Up Month. We signed up a record **1072** new library card users!

The winners of the contests are:  
How Many Cards (937 in the box)  
Loni R with a guess of 930

Constellations: Jordon K.

Coloring Contests:

Alysa Joy M. (ages 9-12)

MacKenzie S. (ages 5-8)

Samuel F. (ages 0-4)

Congratulations to all our winners and welcome to all our new library card holders!

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In cooperation with Friends of MPL, Wells Fargo Home Mortgage invites you to look into the benefits of their Sharing Advantage program.

Through the Friends involvement, when you buy or refinance a home with a Wells Fargo Home Mortgage loan, Wells Fargo will make a \$300 contribution to the Friends of Missoula Public Library.

Contact Bette Ammon, Library Director, for more information.

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